



# Menu

January 2009

1-8



**Daily Choices:** Menu of the Day (varies daily, see calendar below)  
 Self Salad Bar with fresh fruits and veggies (low fat options)  
 Grab and Go Cold Sandwiches including Sliced Ham, Turkey, etc  
 Grab and Go Hot Sandwiches including Hamburger, Grilled Cheese, etc  
 Dessert Options - Home made cake, cobblers and ice creams  
 Drink Options - Milk, Water, Fruit Juices and other assorted beverages

Monday	Tuesday	Wednesday	Thursday	Friday
5 Hamburger with Toppings French Fries Fruit Cup	6 Baked Chicken Creamed Potatoes Green Beans & Dinner Roll	7 Soup du Jour Grilled Cheese Sandwich Corn Nuggets	8 Taco Salad Nachos' with Cheese Burrito Mexican Rice	9 Fish Fillet Mac n' Cheese Fried Okra & Dinner Roll
12 Sub Sandwich with Toppings Tater Tots Veggies & Dip	13 Baked Spaghetti Italian Spinach Sweet Corn French Bread	14 Soup du Jour Grilled Cheese Sandwich Corn Nuggets	15 Chicken Fajitas w/ Toppings Mexican Rice Sweet Corn	16 BBQ Pork Sandwich French Fries Baked Beans
19 <b>MARTIN LUTHER KING HOLIDAY</b> <b>NO SCHOOL</b>	20 <b>VEGGIE BAR</b> Northern Beans Sweet Potatoes Steamed Cabbage Mac n' Cheese Corn Bread	21 Soup du Jour Grilled Cheese Sandwich Corn Nuggets	22 Taco Salad Nachos' with Cheese Burrito Mexican Rice	23 Chicken n' Dumplings English Peas Corn on Cob & Corn Bread
26 Chicken Sandwich with Toppings French Fries Fruit Cup	27 <b>PASTA DAY</b> Choice of Pasta and Sauce Italian Spinach French Bread	28 Soup du Jour Grilled Cheese Sandwich Corn Nuggets	29 <b>DOMINO'S PIZZA</b> 	30 <b>EARLY DISMISSAL</b> <b>Café' Closed</b>