



# Menu

SEPTEMBER 2010



1-8

**Daily Choices:** Menu of the Day (varies daily, see calendar below)

Self Serve Salad Bar with Fresh Fruits and Vegetables (low fat options)  
 Grab and Go Cold Sandwiches including Sliced Ham, Turkey, etc.  
 Grab and Go Hot Sandwiches including Hamburger, Grilled Cheese, etc.  
 Dessert Options - Homemade Cakes, Cobblers and Ice Creams  
 Drink Options - Milk, Water, Fruit Juices

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <i>Soup Du Jour Grilled Cheese Corn Nuggets</i>	2 <i>Country Fried Steak Creamed Potatoes with Gravy Broccoli with Cheese</i>	3 <i>Taco Salad Nachos with Cheese Burrito Mexican Rice</i>
6 <b>LABOR DAY SCHOOL CLOSED</b>	7 <i>Domino's Pizza</i>	8 <i>Chicken Pot Pie Broccoli Rolls</i>	9 <i>Spaghetti Spinach Corn Breadstick</i>	10 <i>Taco Salad Nachos with Cheese Burrito Mexican Rice</i>
13 <i>Chicken Patty French Fries Fruit Cup</i>	14 <i>Meat Loaf Creamed Potatoes with Gravy Fried Okra Rolls</i>	15 <i>Chicken &amp; Dumplings Green Beans Corn on the Cob Cornbread</i>	16 <i>Fish Sticks Mac &amp; Cheese Coleslaw Sweet peas Roll</i>	17 <i>Taco Salad Nachos with Cheese Burrito Mexican Rice</i>
20 <i>Hamburger with Toppings French Fries Vegetables with Dip</i>	21 <b>"Pasta Day"</b> <i>Alfredo Sauce or Marinara Sauce Over Pasta</i>	22 <i>Grilled Cheese Chicken Noodle Soup Corn Nuggets</i>	23 <i>Baked Chicken Broccoli-Rice Casserole Fried Okra Rolls</i>	24 <i>Taco Salad Nachos with Cheese Burrito Mexican Rice</i>
27 <i>BBQ Sandwich with Coleslaw French Fries Baked Beans</i>	28 <i>Ravioli Green Beans Corn on the Cob Rolls</i>	29 <i>Soup Du Jour Grilled Cheese Corn Nuggets</i>	30 <b>"Veggie Day"</b> <i>Assorted Vegetables with Cornbread</i>	