

## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Hm Phone: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

T-Shirt: YS YM YL AS AM AL XL XXL

Parent Signature as permission:

\_\_\_\_\_

Emergency Information:

Parent/Guardian \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Quickest Phone # \_\_\_\_\_

Emergency Friend Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Any health issues camp staff should be aware:

\_\_\_\_\_

Permission to administer First Aid: (sign)

\_\_\_\_\_

Campers may bring water or sports drinks.

# ST. BENEDICT GIRL'S BASKETBALL CAMP

FOR GIRLS ENTERING GRADES 4-8

**June 1-4**  
**9:00am – Noon**  
**Mon-Thurs**

**St. Benedict at Auburndale Girls  
Basketball**

**2008-2009**

**Record: 23-8**

**State Final Four**

**State Ranked— C.A. Dandy Dozen**

**Learn the Fundamentals that  
have made the Lady Eagles  
SUCCESSFUL**

**Located just off Germantown Pkwy**

**2 blocks south of I-40**

St. Benedict at Auburndale  
Girls Basketball Camp  
8250 Varnavas Drive  
Cordova, TN 38016  
sebrend@sbaeagles.org

LOCATED JUST OFF GERMANTOWN PARKWAY  
2 BLOCKS SOUTH OF I-40 AND WOLFCHASE  
GALLERIA

For more information or to register, contact Don Sebren at the above  
address, use email for the quickest response.

## Become a Better Player While Having Fun in a Safe and Friendly Environment

### Camp Director: Don Sebren

Coach Seb has over 20 years experience in conducting successful basketball camps. The camp will focus on basketball fundamentals, age-group contests, and basketball games. There will be “work” sessions to acquire skills, then contests and games where the skills can be applied right away, doing something fun as reinforcement.

**Offensive Skills:** Stance, shooting mechanics, moves & footwork, dribble and passing fundamentals, and movement without the ball

**Defensive Skills:** (man to man emphasis): Stance and footwork, guarding the ball, one pass away D, help positioning, and rebounding.

## Camp Highlights

*Experienced Coach-Instructors*

*Instruction and Demonstration by SBA Varsity  
Basketball Players*

*Great Counselor / Camper Ratio*

*Camp T-Shirt*

*Age –Group Contest Awards*

*Beautiful, State of the Art Gym*

Register by mail or at the door:

June 1-4...Mon-Thurs...9am—  
Noon

**Eligibility: Girls entering grades  
4-8**

**Camp Cost: \$72... early discount  
\$65 if registered before May 1st.**

**...make checks payable to Don Sebren  
Camp**

The goals of the camp are:

1. Help girls become better basketball players.
2. Have fun and develop friendships.

2008-2009 Region Champion Lady Eagles



## Camp Coaching Staff:

**Don Sebren** has over 25 years experience coaching both girls and boys basketball. Coach Sebren is in his third year as Head Coach at SBA. Coach Seb has developed a philosophy and techniques for helping young ladies become successful players as evidenced by the tremendous success the Lady Eagles have achieved in just three seasons under Coach's direction.

**Angie Buchanan** coached the SBA Lady Eagles to a playoff appearance in her last year as the Head Basketball Coach, before choosing to devote her full attention to the SBA's very successful, state-ranked volleyball team.

**St. Benedict Lady Eagle Basketball Players** will serve as counselors and demonstrators. Some of the players have received All Region and Best of the Preps honors, and the others are leading players on SBA's 23-8, state ranked basketball team.



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