

REGISTRATION FORM

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

(H) Phone: _____

Age: _____ Grade: _____

School: _____

T-Shirt: YS YM YL AS AM AL XL XXL

Parent Signature as permission:

Emergency Information:

Parent/Guardian _____

Work Phone: _____

Cell Phone: _____

Quickest Phone # _____

Emergency Friend Phone: _____

Name: _____

Any health issues camp staff should be aware of: _____

Permission to administer First Aid: (sign)

Campers should bring lunch and a drink.

Mail To:
Ronnie Robinson
6841 Shorey Lane
Cordova, TN 38018
noxcuses14@hotmail.com

For more information or to register, contact Ronnie Robinson-
489-7073 for an immediate response.

NO XCUSES

BOYS

BASKETBALL

CAMP

Boys - grades 1-8

June 15-19

Monday through

Friday

8:30 am—12:00 pm

**At St. Benedict High
School Gym**

Located at 8250 Varnavas Drive-Cordova



NO XCUSES BASKETBALL CAMP

Camp Director

Coach Ronnie Robinson and Coach Eldon Lawyer

St. Benedict at Auburndale High School will host the Basketball Camp. Coach Ronnie Robinson and Coach Eldon Lawyer will serve as camp directors. No Xcuses Basketball Programs are the areas best youth basketball instruction, providing coaching for players at all levels. Camp, this year, is Monday through Friday from 8:30am-12:00pm. Parents may drop off their son at 8:00, and pick up at 12:00.

Coach Robinson and Coach Lawyer have a combined 40 years of experience in basketball. They have conducted and worked successful basketball camps for all ages. The camp focuses on basketball fundamentals, age-group contests, and basketball games. There will be "skill" sessions to acquire skills, then contests and games where the skills can be applied right away, doing something fun as reinforcement.

Camp Highlights

- *Experienced Coach-Instructors*
- *Instruction and Demonstration by Varsity Basketball Players*
- *Great Counselor / Camper Ratio*

Monday through Friday

June 15-19

8:30 am-12:00pm

Camp Cost: \$89

Make checks payable to:

Ronnie Robinson

Eligibility: Boys in grades 1-8

The Camp is limited to 12 boys in each of the following age groups—grades 1/2; 3/4; 5/6; 7/8—total of 48 campers.

Balls will be provided. Campers may bring snack and drink for short break.

Offensive Skills: Stance, shooting mechanics, moves & footwork, dribble and passing fundamentals, movement without the ball and guard/post position work

Defensive Skills: (man to man emphasis): Stance and footwork, guarding the ball, one

pass away D, help positioning and rebounding; plus, specific post/guard defensive skills.

Campers will be divided into age and ability groups so advanced players can receive more detailed instruction and less experienced players can receive a proper foundation for future success.

Daily Camp Schedule

8:30 Roll Call & Stretching

8:40 Fundamentals

9:40 3-on-3 Development

10:20 Contests

11:00 League Games

12:00 Camp Dismissal

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