



# Master Jim's Tae Kwon Do Germantown Tn at SFA

- *Physical Fitness /Self Defense/ Confidence/Discipline/Conditioning*
- *Come learn Traditional Korean Taekwondo with Master Jim Von Bergen*
- *All Blackbelts will be registered worldwide with Kukkiwon(govern TKD)*
  - *Adult Self Defense Courses available by appointment*
    - *Private Lessons are also available*
    - *Family Discount plans offered*
    - *No long term contracts*

**When:** Mondays and Fridays from 3:30 to 4:30 (changes to schedule are possible with a weeks notice due to my career). Optional Friday evenings and Sunday Mornings schedules in Germantown

**Where:** SFA Extended Care Program

**Costs:** \$100 per Month. Due by the first of each month and Payable to Jim Von Bergen

**Other associated costs in addition to monthly cost:** Uniforms, Sparring Equipment, and Testing Fees

**Ages:** Grades 5k to Adult

## **Contact Information:**

Master Jim Von Bergen of Master Jim's Tae Kwon Do

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